

Planning a walking route

These websites and apps may be useful to help to plan a Daily Mile route.

1) Footpath Route Planner App

Footpath allows you to easily map out routes. Simply trace a route with your finger, and Footpath will show all trails and roads that will allow you to complete your walk. It can measure the distance you'll need to travel and the height you'll be climbing. It allows you to save and share routes for a later walk, and can work offline too.

https://iphone.apkpure.com/footpath-route-planner/com.ericrwolfe.footpath

2) Go Jauntly App

This is a walking app for everyday outdoor adventures. Discover walks, connect with nature and enjoy outdoors.

http://www.gojauntly.com/

4) MapOmeter

Mapometer.com is an online map-based route planner for sports people. It enables you to map your walks and calculate the distances and elevation profiles of your routes. It also provides training logs so you can track your progress and monitor the calories you burn.

https://gb.mapometer.com/

5) Strava

Strava can be used to track many activities including walking. With the help of GPS it can measure distance, time, elevation gain, calories and route.

Not only can you create and share your own walking routes with friends, you can look at heatmaps to see popular routes in your local area. The app also acts as a social network, allowing you to connect with friends and family to share details and photos of your activities.

https://www.strava.com/mobile